ACCU-CHEK® Performa

Roche

Start Here

Quick Start Guide

ACCU-CHEK®

⚠ WARNING

- This Quick Start Guide does not replace the User's Manual for your Accu-Chek Performa blood glucose meter. The User's Manual contains important handling instructions and additional information.
- The lancing device is intended for personal use only.

Meter Overview

1. Power/Set Button
2. Display
3. Right Arrow and Left Arrow Buttons
4. Test Strip Slot
5. Battery Door
6. Infrared (IR) Window

Setting up the Lancing Device

1

Familiarise yourself with the Accu-Chek FastClix lancing device.

2

Get the lancet drum from the pocket in the carry case.

NOTE
Each lancet drum contains 6 sterile lancets.

3

Remove the cap by pulling it straight off. Do not twist the cap.

⚠ WARNING
You must not insert the lancet drum into the lancing device and simultaneously press the release button or hold the lancing device with the release button resting on a surface such as a table top. This could release a lancet and inadvertently cause injury.

4

Insert the lancet drum, white end first, into the lancing device. Push the drum all the way in until it clicks firmly into place.

NOTE
Do not remove the lancet drum until all 6 lancets are used since the drum cannot be reused once it has been removed from the lancing device.

5

Replace the cap on the lancing device. Make sure the notch on the cap lines up with the notch on the device.

6

Adjust the lancet depth to a comfortable penetration level. Start at 2. For tougher skin, dial to a higher number.

When ready to test…

Using the lancing device: By pressing the release button, the lancing device primes and pricks with 1 click.

Performing a Blood Glucose Test

1

Wash and dry your hands before you perform a blood glucose test.

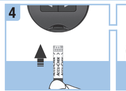
2

Check the use by date on the test strip container. Do not use test strips past the use by date.

3

Remove a test strip from the test strip container. Close the cap tightly.

4



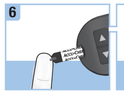
Insert the test strip into the meter in the direction of the arrows until the meter beeps.

A flashing blood drop symbol appears.

5

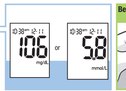
Hold the lancing device firmly against the edge of your fingertip and press the release button to prick your finger.

6



Touch the end of the test strip to the blood drop. Do not put blood on top of the test strip.

The meter beeps and Ɪ flashes when there is enough blood in the test strip.



The test result appears on the display after 5 seconds.

Before you finish…

Prepare the lancing device for the next blood glucose test. Slide the lever over and back once to advance to the next lancet. The window shows the number of lancets remaining.

Error Messages

If any of the error messages below appear on the display at any time, refer immediately to the User's Manual, Chapter 5, Display and Error Messages.

E-1 The test strip may be damaged or not properly inserted. Remove and reinsert the test strip or replace it if damaged.

E-3 Your blood glucose may be extremely high or a meter or a test strip error has occurred. If your test result matches how you feel, contact your healthcare professional immediately. If your test result does not match how you feel, repeat the blood glucose test and see the User's Manual, Chapter 2, Unusual Blood Glucose Results. If the second test result does not match how you feel, perform a control test with the control solution and a new test strip. If the control result is within the acceptable range, review the proper testing procedure and repeat the blood glucose test with a new test strip. If the E-3 code still appears for your blood glucose test, your blood glucose result may be extremely high and above the system's reading range. **Contact your healthcare professional immediately.** If the control result is not within the acceptable range, see the User's Manual, Chapter 4, Understanding Out-of-Range Control Results.

E-4 Not enough blood or control solution was drawn into the test strip for measurement or was applied after the test had started. Discard the test strip and repeat the blood glucose or control test.

E-6 Blood or control solution was applied to the test strip before the flashing drop symbol appeared on the display. Discard the test strip and repeat the blood glucose or control test.

E-7 An electronic error occurred, or in rare cases, a used test strip was removed and reinserted. Turn the meter off and on, or take the battery out for 20 seconds and reinsert it. Perform a blood glucose or control test.

E-8 The temperature is above or below the proper range for the system. Refer to the test strip package insert for system operating conditions. Move to an area with the appropriate conditions, wait 5 minutes, and repeat the blood glucose or control test. Do not artificially heat or cool the meter.

E-9 The battery is almost out of power. Change the battery now. If the message reappears after the battery has been replaced, remove the battery again, press any meter button, then reinsert the battery.

E-10 The time and date settings may be incorrect. Make sure the time and date are correct and adjust, if necessary.

NOTE
Contact Roche if the error message continues.

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Roche USA – 51749
V4/1 –07022573001 – Black –
Roche USA – 51749
V4/2 –07022573001 – Cyan
Roche USA – 51749
V4/3 –07022573001 – Magenta
Roche USA – 51749
V4/4 –07022573001 – Yellow

ACCU-CHEK® Performa

Roche

由此開始

快速入門指南

ACCU-CHEK®

⚠ 警告

- 本快速入門指南並不能取代您的 Accu-Chek Performa 草莓血糖機使用者手冊。使用者手冊內有重要操作指示以及其他資訊。
- 採血筆僅供個人使用。

血糖機總覽

❶開關／設定鍵
❷空幕
❸上箭頭鍵和左箭頭鍵
❹試紙槽
❺電池蓋
❻紅外線（IR）傳輸埠

準備採血筆

1

熟悉 Accu-Chek FastClix 易極採血筆。

2

取出一個新的滾筒式針筒。

1個針筒 = 6支採血針

備註
每個針筒含6支採血針。

3

拉開採血筆筆蓋。請勿扭轉採血筆筆蓋。

⚠ 警告
請勿在將滾筒式針筒放入採血筆的同時按下啓動鈕，或是拿著採血筆時將啓動鈕靠在物品表面支撐，如壓面。這可能啓動一枚採血針，而在無意中造成傷害。

4

將滾筒式針筒放入（白色端先放入）採血筆，將針筒推入，直到穩當扣住。

備註
六支採血針尚未開完之前，請勿將滾筒式針筒取出，因爲針筒從採血針中取出後不能再次使用。

5

將採血筆筆蓋蓋回採血筆上。確認採血筆筆蓋的凹位必須對回筆身之「U」位置入。

6

調校採血深度至舒適的度數。由「2」開始，較深的皮膚可選擇較大的度數。

準備好進行…

使用採血筆：按下採血筆啓動鈕，一下就可完成上針和採血。

執行血糖檢測

1

血糖檢測前請洗淨並抹乾您的雙手。

2

檢查試紙瓶上的保存期限。請勿使用過期的試紙。

3

從試紙瓶取出一片新試紙。然後蓋緊瓶。

4

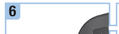
依箭頭方向將試紙插入血糖機，直到血糖機發出嗶聲。

螢幕一個閃爍的血滴符號。

5

將採血筆緊貼您手指的邊緣，按下啓動鈕採血。

6



將血滴接觸試紙末端，請勿將血滴放在試紙上方。

血糖機發出嗶聲且點符號閃爍時，即表示試紙上已有足夠血樣。

5秒後檢測值會顯示在螢幕上。

在結束全部的程序前…

為下次檢測準備好採血筆，推一下白色轉動軸，然後再推回，以準備新一支採血針。小強口數字顯示剩餘採血針數量。

錯誤訊息

若下列任何錯誤訊息在任何時間出現在螢幕上，請立即參考使用者手冊第X章「螢幕訊息與錯誤訊息」。

E-1試紙可能已經受損，或是沒有正確插入。移除試紙再重新插入。如果試紙已經受損，請再插入一片新的試紙。

E-3您的血糖可能非常高或發生了血糖機或試紙錯誤。如果檢測值讀了您的感覺，請立即聯絡專業醫護人員。如果檢測值與您的感覺不符，請再次檢測血糖並參閱第2章「異常的血糖檢測值」。如果第二次檢測值不符合您自己的感覺，請用質控液和一片新的試紙進行質控檢測。如果質控檢測在可接受的範圍內，檢視檢測步驟是否正確並再使用新的試紙重新進行血糖檢測。如果在血糖檢測時內出現X符號，您的血糖可能非常高且超過系統的讀取範圍。**請立即聯絡專業醫護人員**。如果質控檢測值超出可接受的範圍，參考第4章「解釋超出範圍的品質控管檢測值」。

E-4試紙吸入的血量或質控液量不足，或在開始檢測後才決血或質控液。請更換一片新試紙並重新進行血糖或質控檢測。

E-6問標的血滴符號顯示在螢幕時，表已將血液或質控液送到了試紙上。請更換一片新試紙並重新進行血糖或質控檢測。

E-7電子故障，或溫度近可能出現用過的試紙被取出沒又重新放入的情況。關閉血糖機再重新打開或將電池拆下30秒後再重新裝上。執行血糖或質控檢測。

E-8溫度低於或高於介紹的檢測溫度。參考試紙包裝內的說明書上的系統操作條件。移到符合操作條件的環境。等5分鐘過後再重新進行血糖或質控檢測。請勿將血糖機加熱或降溫。

E-9藍光量幾乎耗盡。請立即更換電池。若更換電池後錯誤訊息又再次出現，請再次取出電池。按壓任何一個血糖機按鍵，然後再次放入電池。

E-10問期日期設定可能不正確。若有需要，請檢查時間與日期是否正確，必要時請修改。

備註
如有錯誤訊息持續出現，請聯絡客戶服務部。

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