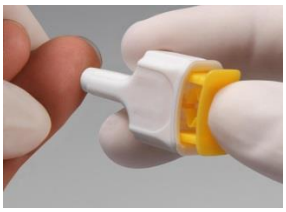
Roche

Accu-Chek® Safe-T-Pro Uno Handling Chart

ACCU-CHEK®

The handling of Accu-Chek® Safe-T-Pro Plus is easy and intuitive. It involves only three simple steps:

Steps	Picture Guide
1) Twist off the sterility cap by twisting it in either direction	
2) Press against the side of the fingertip and press the purple button	

Preparing to collect blood

1. We recommend collecting capillary blood from the side of the fingertip, as this puncture site registers the least amount of pain. Any finger can be used.
2. The patient's hands should be washed with warm water and soap, and then dried well.
3. This ensures that the puncture site is clean and stimulates the blood flow. If alcohol wipes are used, the finger must also be completely dry before continuing.

Collection of blood

1. Gently massage the finger towards the fingertip to encourage a drop of blood to form.
2. For some diagnostic tests the fingertip must not be vigorously massaged or compressed, as doing so may produce incorrect results.
3. For your own safety always wear gloves when collecting blood.

Preparing to collect blood from children younger than 1 year

1. With children younger than 1 year of age, the capillary blood must be collected from the heel.
2. Blood collection must occur from the lateral areas of the sole.
3. The puncture must occur vertically to the sole.
4. During blood collection, the child should be held with its foot vertically facing the floor. A site which has already been punctured must not be punctured a second time.
5. To improve blood flow at the heel before collecting blood, you can carefully warm the heel, for example by wrapping it in a warm, moist cloth of a maximum 42 °C. The heel must be disinfected and then dried completely.

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