ACCU-CHEK® Guide

Roche

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START HERE

QUICK START GUIDE

To find diabetes management apps that are compatible with your meter, visit www.accu-chek.com.

ACCU-CHEK®

⚠ WARNING

Risk of life-threatening injuries
Keep new and used batteries away from children. See the User's Manual for additional information.

Risk of a serious health incident
This Quick Start Guide does not replace the User's Manual for your Accu-Chek Guide blood glucose meter. The User's Manual contains important handling instructions and additional information.

Risk of infection
While obtaining a blood drop, the lancing device and cap may come into contact with blood. The lancing device is intended for personal use only.

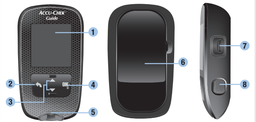
⚠ WARNING

KEEP BATTERIES OUT OF REACH OF CHILDREN
In Australia: If you suspect your child has swallowed or inserted a button battery immediately call the 24-hour Poisons Information Centre on 13 11 26 for fast, expert advice.

NOTE

- Always have a spare set of batteries.
- Battery life may vary due to factors such as temperature and battery manufacturer.

Overview



1. Display
2. Back Button
3. Up Arrow and Down Arrow Buttons
4. Power/Set/OK Button
5. Test Strip Slot with Light
6. Battery Door
7. Micro USB Port
8. Test Strip Ejector

Set Language and Time Format

1

Turn the meter on by briefly pressing. **Language** appears. Press or to highlight the desired language. Press.

2

Time Format appears. Press or to highlight **12 hour** (am/pm) or **24 hour**. Press to set the option and return to **Main Menu**.

Set Up the Lancing Device

1

Familiarise yourself with the Accu-Chek FastClix lancing device and lancet drum.

Note: Each lancet drum contains 6 sterile lancets. You can perform 6 tests before replacing the lancet drum.

2

Remove the lancing device cap by pulling it straight off. Do not twist the cap.

Note: Do not insert a lancet drum and press the release button at the same time. Do not insert a lancet drum with the release button resting on a surface, for example, a table top. This could release a lancet which could inadvertently prick you.

3

Insert the lancet drum, white end first, into the lancing device. Push the lancet drum all the way in until it clicks firmly into place.

Note: Do not remove the lancet drum until all 6 lancets are used since the lancet drum cannot be reused once it has been removed from the lancing device.

4

Place the cap back on the lancing device. Make sure the notch on the cap lines up with the notch on the lancing device.

5

Adjust the lancet depth to a comfortable penetration depth. Start at 2. For tougher skin, rotate to a higher number.

When ready to test…

Using the lancing device: By pressing the release button, the lancing device primes and pricks with 1 click.

Perform a Blood Glucose Test

1

Wash and dry your hands before you perform a blood glucose test.

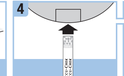
2

Check the use by date on the test strip container. Do not use test strips past the use by date.

3

Remove a test strip from the test strip container. Close the cap tightly.

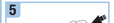
4



Insert the metallic end of the test strip into the meter.

The meter turns on. **Preparing to test** appears.

5



Press the lancing device firmly against the side of your fingertip and press the release button all the way down to prick your finger.

6

Touch the **yellow edge** of the test strip to the blood drop. Do not put blood on top of the test strip.

7

Remove your finger from the test strip when **Analyzing** appears.

The test result appears on the display in less than 4 seconds.

Before you finish…

Prepare the lancing device for the next test. Slide the lever over and back once to advance to the next lancet. The window shows the number of lancets remaining.

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PMS-QUICK START GUIDE

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PM/LAB kovacoae - Oct 13, 2021
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ACCU-CHEK® Guide

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羅氏智航血糖機組
由此開始

快速入門指南

如需使用與您的血糖機相容之血糖管理應用程式，您可造訪 www.accu-chek.com。

ACCU-CHEK®

⚠ 警告

危及生命的傷害風險
請將新電池、備電池都放置在遠離兒童之處。請參見《使用者手冊》，了解更多資訊。

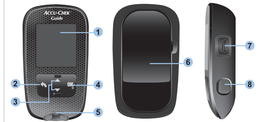
發生窒息或腸道事件的風險
本快速指南並不能取代您的Accu-Chek Guide（羅氏智航）血糖機《使用者手冊》。《使用者手冊》內有重要操作指示以及其他資訊。

感染風險
在採集血滴期間，採血筆和筆蓋可能與血液接觸。採血筆僅供個人使用。

注意

- **請隨時備妥一套備用電池。**
- **電池會由於溫度和電池製造商等因素而壽命不同。**

概覽



1. 螢幕
2. 返回鍵
3. 向上鍵及向下鍵
4. 開關/設定/「OK」鍵
5. 帶有指示燈的試紙槽
6. 電池蓋
7. Micro USB插槽
8. 試紙退出鍵

設定語言及時間格式

1

按一下 開啟血糖機。顯示**Language**（語言）選項。按 或 。醒目提示所需語言。然後按一下 。

2

顯示**時間格式**選項。按 或 醒目提示**12小時制**（am/pm，即上午/下午）或**24小時制**。按 設定選項，並返回**主選單**。

準備採血筆

1

熟悉Accu-Chek FastClix速讀/易極採血筆。

注意：每個採血針匣/滾筒式針筒含6支無菌採血針。採血6次後需要更換採血針匣/滾筒式針筒。

2

拉開採血筆筆蓋。請勿扭轉採血筆筆蓋。

注意：將採血針匣/滾筒式針筒推入採血筆內時，不得同時按下釋放鈕/啟動掣。將採血針匣/滾筒式針筒推入採血筆內時，不得同時使用釋放鈕/啟動掣來支撐採血筆，例如放在桌面上支撐。這可能會令採血針彈出，並可能意外扎傷您。

3

白色端朝前，將採血針匣/滾筒式針筒套入採血筆。將採血針匣/滾筒式針筒推到底，直到穩當扣住。

注意：6支採血針尚未用完之前，請勿將採血針匣/滾筒式針筒取出，因為針匣/針筒或採血筆中取出後不能再次使用。

4

將採血筆筆蓋套回採血筆上。複認採血筆筆蓋之方型凹槽與採血筆上的半圓形指示口對齊。

5

調校採血深度至舒適的度數。請由「2」開始，較厚的皮膚可調至較大的度數。

準備好進行檢測時...

使用採血筆：按下採血筆釋放鈕/啟動掣。一按即就完成上針和採血。

執行血糖檢測

1

檢測前請洗淨並抹乾您的雙手。

2

檢查試紙瓶上的保存期限。請勿使用過期的試紙。

3

從試紙瓶取出一片新試紙，然後蓋緊瓶蓋。

4

將試紙的金屬端插入血糖機中。

檢測

血糖機開啟。顯示**正在準備檢測**。

5

將採血筆緊貼於指尖側邊的採血部位。然後將釋放鈕/啟動掣按到底從指尖採血。

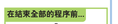
6

將血滴沾到試紙的**黃色進樣**。請勿將血滴沾在試紙上方。

7

螢幕出現**分析中**時，將手指從試紙上移開。

檢測值會在4秒內顯示在螢幕上。



在結束全部的程序前...

為下次檢測準備好採血筆。來回推一下自色轉動輪，使可使用下一支新的採血針。小窗口數字顯示剩餘採血針數量。

台灣
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